



Can you help FACT open the UK's First
**CANCER SUPPORT, AWARENESS & EDUCATION
CENTRE**

On the site of the former
DUNSTON HILL SCHOOL?

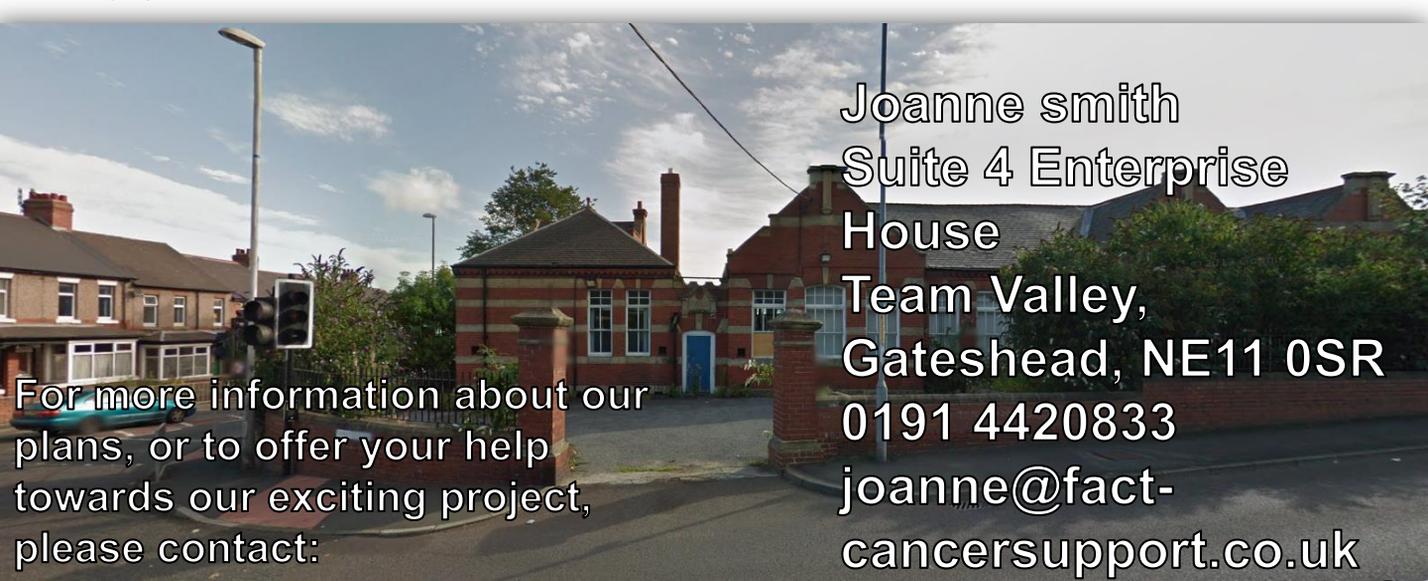
Fighting All Cancers Together!

A massive achievement, not only for FACT but for Dunston, Gateshead, for the North East and for the UK!

The Centre will not only offer support to people diagnosed with cancer, but also to their families, carers and friends. We want to help anyone who feels they have been affected by cancer, at any time – no matter how long ago they were diagnosed, or when they had their treatment. This will also include helping those who are close to someone who has cancer, or have lost someone close to them, without the need for clinical referrals. There is currently no other centre in the region offering this type of support. We have also proven that people respond to offers of support in gentle, non-clinical environments, and have evidence of increased attendance on programmes offered by FACT away from clinical and hospital settings. This being said, we work closely with NHS and medical professionals in delivering support, ensuring compliance with current guidelines and legislation. As well as clinical based support, FACT offers much needed advice, support and guidance regarding day to day practical issues that people need to deal with – sometimes because of, and sometimes despite, their cancer journey. These include, finance, employment, child care, talking to your children, family & friends about your cancer journey, exercise, nutrition, travel insurance etc.

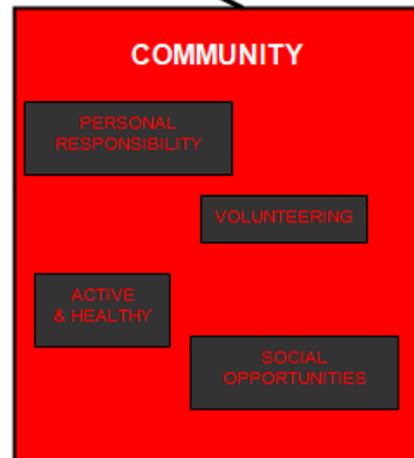
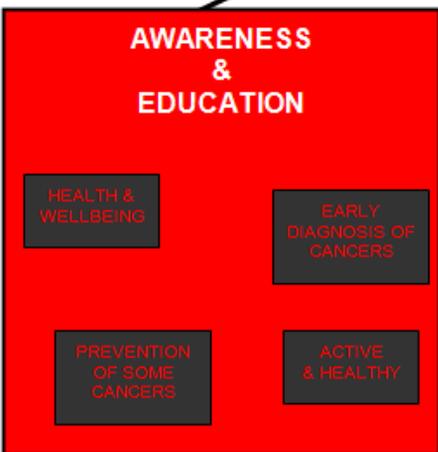
The centre will also offer services to the wider community via our education and awareness events and programmes. We will be able to expand our work with schools, colleges, community groups, local businesses and statutory service providers (including Gateshead Council), offering awareness, education and advice around lifestyle cancer implications, healthy living, preventions, signs and symptoms, early diagnosis, screening and treatment processes.

FACT wants this to be a community building – available to all. We have spoken to other long established support centres in other regions who say that many people turn up to their centres up to six times before they find the courage to go in – because they do not know what is behind the centre's closed door. FACT knows that by working with the community we will build relationships that will make it easier for people to ask for support if a time comes that they need it – this is especially the case with children and young people. They will know us, and they will know what the centre is all about. Every two minutes someone is diagnosed with cancer in the UK, and this statistic increases in the North East. This means that almost everyone will be affected by cancer at some time in their lives – either by being diagnosed themselves, or by a family member being diagnosed. This in turn means that FACT's centre has the potential to benefit everyone in Gateshead, and the North East, and provide an innovative model with the potential to be replicated throughout the UK. The centre will also provide valuable volunteering, training and employment opportunities for local people and organisations. We have a evidence of success in moving people from volunteering to employment, and also provide work placements for other community projects, and work experience/community placements for local schools. In the last eight months we have provided over 20 successful work placement opportunities for young people in the Gateshead area. Medical staff also refer people during/post cancer treatment to volunteer with FACT as they recognise us to be a safe, secure environment that succeeds in building peoples self-confidence, self-esteem and motivation to return to active social lives and where appropriate, employment.



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For more information about our plans, or to offer your help towards our exciting project, please contact:



- COMMUNITY**
- OPPORTUNITY FOR REGULAR VOLUNTEERING
 - SOCIAL OPPORTUNITIES, EVENTS & PROGRAMMES
 - HELPING PEOPLE TO HELP THEMSELVES
 - ENCOURAGE A SENSE OF BELONGING
 - WORKING IN PARTNERSHIP WITH OTHER CHARITIES, PRIVATE & PUBLIC SECTOR
 - ENGAGING ARTS (AS THERAPIES)
 - FAIR TREATMENT AND EASY ACCESS TO SERVICES

- CHILDREN**
- TO SUPPORT CHILDREN AFFECTED BY CANCER, EITHER AS THE PATIENT OR AS A FAMILY MEMBER
 - TO INCREASE THE APPROPRIATE KNOWLEDGE OF CHILDREN OF CANCER ISSUES
 - ADDRESS HEALTHY LIFESTYLES AND OBESITY IN CHILDHOOD YEARS
 - ENCOURAGE PERSONAL SOCIAL AND EMOTIONAL DEVELOPMENT
 - ENCOURAGE YOUNG PEOPLE'S PARTICIPATION IN POSITIVE ACTIVITIES ARTS YOUTH GROUPS ETC
 - TO INCREASE OPPORTUNITIES FOR ACCESSING HOLIDAY ACTIVITIES WITH A HEALTH & WELLBEING BENEFIT
 - TO IMPROVE THE EMOTIONAL AND BEHAVIOURAL HEALTH OF CHILDREN

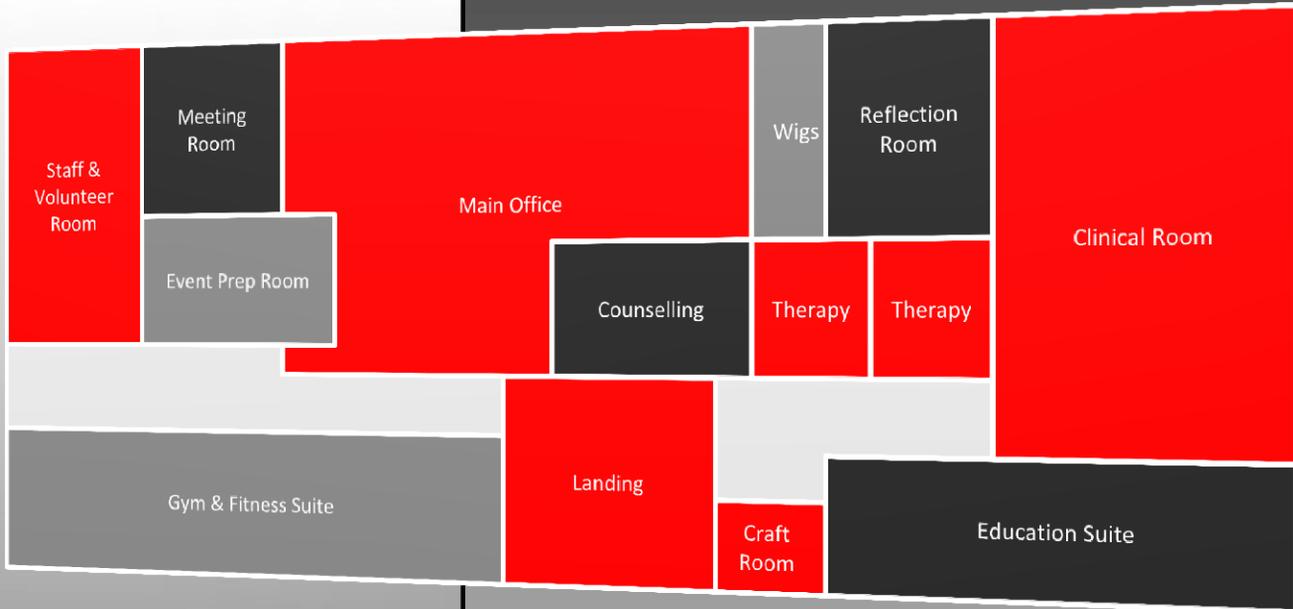
- ADULTS**
- TO SUPPORT ADULTS AFFECTED BY CANCER, EITHER AS THE PATIENT OR AS A FAMILY MEMBER
 - ENCOURAGE HEALTHIER LIFESTYLES
 - TO PROMOTE AND ENCOURAGE PARTICIPATION IN SPORT AND RECREATIONAL ACTIVITIES
 - TO HIGHLIGHT THE DANGERS OF SMOKING AND ENCOURAGE & SUPPORT STOPPING SMOKING
 - HELP TO REDUCE OBESITY & SUPPORT MAINTAINING WEIGHT LOSS
 - TO ENCOURAGE PEOPLE'S AWARENESS OF THEIR OWN HEALTH AND WELLBEING
 - TO ENCOURAGE REGULAR SCREENING FOR CANCERS
 - TREAT PEOPLE WITH RESPECT AND DIGNITY THROUGHOUT THE CANCER JOURNEY
 - TO PROVIDE SOCIAL AND SUPPORT EVENTS INCREASING ACCESS TO SELF DIRECTED SUPPORT
 - TO HELP PEOPLE TO HELP THEMSELVES
 - TO PROMOTE COMMUNITY & NEIGHBOURHOOD SPIRIT
 - TO INCREASE ACCESS TO SUPPORT NEEDED TO LIVE INDEPENDENTLY AT HOME

- ECONOMIC PROSPERITY**
- WORKING WITH SICK TO MOVE INTO EMPLOYMENT AFTER TREATMENT
 - TO INCREASE EMPLOYER AWARENESS OF CANCER RELATED ISSUES
 - TO HAVE A REDUCING EFFECT ON DAYS LOST TO SICKNESS
 - TO PROMOTE SMALL BUSINESSES IN APPROPRIATE SECTORS
 - TO PROVIDE LOCAL NETWORK OPPORTUNITIES FOR LOCAL BUSINESS & SUPPORT ORGANISATIONS
 - ENCOURAGE ASPIRATIONS TO DO BETTER



Proposed Floor Plans

First Floor



Ground Floor





What People Say...

“ I was happy to do things with FACT. I was *happy* to meet other little girls who have a poorly mammy like me. ”

“ Having the Support of FACT for me and my family has made the *world of difference* in helping me cope with my diagnosis of breast cancer, and the treatment that I am having. Without the *friends* I have made at FACT I would feel lost and very alone. FACT should be available 'on prescription' to everyone diagnosed with cancer – they are real medicine. ”

“ I'm so pleased you are there for my *family* – it takes away some of the guilt I feel about being ill. ”

“ It was my mam's birthday last month and the anniversary of her death yesterday and although they were difficult, I feel the time with FACT has helped me deal with things *that bit better.* ”

How To Help...

There are a number of ways that you can make a difference and contribute to the support FACT provides.

Don't **Volunteer** **Events** **FACT**
Clothes **Sponsor** **Fundraise**
Equipment **Location**

Help raise £2000 and be named as a founder of the centre.



Simply get in touch!

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